



How To Really Get the Full Effect of Your Vitamins

“But I already take vitamins,” you say, “why would I want them injected?”

Good question. Here’s the answer:

- Not all vitamins are created equal. Unfortunately, most vitamins on the market today are in fact synthetic versions, which will NOT deliver the intended benefits of the vitamin in question. If you take vitamins and minerals in pill form, make sure to do your homework on natural vs. synthetic.

Whenever you see an article about how “vitamins are toxic,” you can be fairly certain they are talking about the synthetic version—without clarifying that fact of course—since natural vitamins are extremely low in toxicity, and very few are capable of doing damage. Synthetic vitamins, on the other hand, can be toxic at certain levels.

- Vitamins and minerals in pill form have to go through your stomach and your intestinal tract, where they are—hopefully—broken up and absorbed into the body. However, most people today have stomach and digestive tract problems, which can lead to the pills not disintegrating until they’re well into the large intestine. Minor absorption does occur in the large intestine, however only in small amounts and only certain nutrients. The small amounts that were absorbed in the small and large intestine now have to pass through the liver and kidneys, where they are filtered again before being shared with the rest of the body.

You may literally be flushing your money away, since such a minute amount of that original pill actually made it to the cellular level.

- **The beauty of vitamin injections is that the vitamin and/or mineral is going into the muscle, rather than the digestive system, thus slowly absorbing directly into the bloodstream—bypassing the digestive enzymes, the liver and kidney filtration process—AND, the full amount injected actually gets circulated through the system into the cellular level.**
 - **The injectable vitamins and minerals used in our practice are guaranteed all-natural, by the manufacturer.**
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