

# Homeopathy: Inducing the Self-healing Response

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Homeopathy has been practiced in the United States since the early 19th century. This health care form is based on the premise that each person's vital force/Chi/bio-energy is the key to the body's self healing response. Homeopathic remedies are designed to stimulate your own self healing capacity.

Homeopathy employs an approach referred to "like cures like." A homeopathic treatment involves giving an **extremely low** dosage of a substance that would normally produce the same characteristic symptom of an illness in a healthy person if given in a large dose. Another way to view "like cures like" is that symptoms are part of the body's attempt to heal itself—for example, a fever can develop as a result of an immune response to an infection, and a cough may help to eliminate mucus—and medication may be given to support this self-healing response.

In a 1999 survey called "Utilization of Complementary and Alternative Medicine by United States Adults: Results from the 1999 National Health Interview Survey." *Medical Care*. 2002. 40(4):353-8, they found that over 6 million Americans had used homeopathy in the last 12 months.

In 1994 The World Health Organization (WHO) noted that homeopathy was integrated into the national health care system in several countries, including: Germany, the United Kingdom, India, Pakistan, Sri Lanka and Mexico. (The United States is still lagging behind.)

Homeopathy addresses a range of health concerns, from preventative health care treatments, to treatment of injuries, acute symptoms and chronic diseases.

Homeopathic remedies can be taken orally—in pill or liquid form—or through injection.

Essential BodyWorks specializes in homeopathic injections—also referred to as Homotoxicology injections—which has a **superb success rate** for ailments like arthritic hands, knees, feet, back pain, shoulder—and neck pain, spasms, etc.

*Also see: Homotoxicology Injections*

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